

Thirty Supplications from the Qur'ān

رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

Our Lord, accept from us [our deeds]; indeed You are the Hearing, the Knowing." ¹

وَتُبَّ عَلَيْنَا إِنَّكَ أَنْتَ التَّوَّابُ الرَّحِيمُ

And accept our repentance; indeed You are the continually Acceptor of Repentance, the Merciful." ²

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

Our Lord, give us in this world that which is good and in the Hereafter that which is good and protect us from the torment of the Fire." ³

رَبَّنَا لَا تُؤَاخِذْنَا إِنْ نَسِينَا أَوْ أَخْطَأْنَا رَبَّنَا وَلَا تَحْمِلْ عَلَيْنَا إَصْرًا كَمَا حَمَلْتَهُ عَلَى الَّذِينَ مِنْ قَبْلِنَا رَبَّنَا وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ لَنَا بِهِ وَاعْفُ عَنَّا وَارْحَمْنَا أَنْتَ مَوْلَانَا فَانصِرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ

Our Lord, blame us not if we forget or fall into error. Our Lord, lay not upon us a burden like that which You placed upon those before us. Our Lord, lay not upon us a burden greater than we can bear. And pardon us and forgive us and have mercy upon us. You are our protector, so give us victory over the unbelieving people. ⁴

رَبَّنَا لَا تُزِغْ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِنْ لَدُنْكَ رَحْمَةً إِنَّكَ أَنْتَ الْوَهَّابُ

Our Lord, do not let our hearts deviate after You have guided us, and give us from Yourself mercy. Indeed, it is You who is the Giver [of all things]. ⁵

رَبَّنَا إِنَّا أَمْنَا فَاغْفِرْ لَنَا ذُنُوبَنَا وَقِنَا عَذَابَ النَّارِ

Our Lord, indeed we have believed, so forgive us our sins and protect us from the punishment of the Fire. ⁶

رَبِّ هَبْ لِي مِنْ لَدُنْكَ ذُرِّيَّةً طَيِّبَةً إِنَّكَ سَمِيعُ الدُّعَاءِ

My Lord, grant me from Yourself a good offspring. Indeed, You are the Hearer of supplication. ⁷

رَبَّنَا فَاعْفُ لَنَا ذُنُوبَنَا وَكَفِّرْ عَنَّا سَيِّئَاتِنَا وَتَوَفَّنَا مَعَ الْأَبْرَارِ . رَبَّنَا وَآتِنَا مَا وَعَدْتَنَا عَلَى رُسُلِكَ وَلَا تُخْزِنَا يَوْمَ الْقِيَامَةِ إِنَّكَ لَا تُخْلِفُ الْمِيعَادَ

Our Lord, forgive us our sins and erase from us our wrongdoings and cause us to die with the righteous. Our Lord, and give us what You promised us through Your messengers, and do not disgrace us on the Day of Resurrection. Indeed, You do not break [Your] promise. ⁸

¹ Sūrah al-Baqarah, 2:127.

² Sūrah al-Baqarah, 2:128.

³ Sūrah al-Baqarah, 2:201.

⁴ Sūrah al-Baqarah, 2:286.

⁵ Sūrah Aali 'Imrān, 3:8.

⁶ Sūrah Aali 'Imrān, 3:16.

⁷ Sūrah Aali 'Imrān, 3:38. Du'aa' of Prophet Zakariyyā (ﷺ).

⁸ Sūrah Aali 'Imrān, 3:193-4.

رَبَّنَا ظَلَمْنَا أَنْفُسَنَا وَإِنْ لَمْ تَغْفِرْ لَنَا وَتَرْحَمْنَا لَنَكُونَنَّ مِنَ الْخَاسِرِينَ

*Our Lord, we have wronged our souls, so if You do not forgive us and have mercy upon us, [then] we will surely be among the losers.*⁹

رَبَّنَا أَفْرِغْ عَلَيْنَا صَبْرًا وَتَوَفَّنَا مُسْلِمِينَ

*Our Lord, protect us with patience and let us die as Muslims.*¹⁰

أَنْتَ وَلِيُّنَا فَاعْفُرْ لَنَا وَارْحَمْنَا وَأَنْتَ خَيْرُ الْغَافِرِينَ

*You are our protector, so forgive us and have mercy on us; and You are the best of those who forgive.*¹¹

رَبَّنَا لَا تَجْعَلْنَا فِتْنَةً لِّلْقَوْمِ الظَّالِمِينَ وَنَجِّنَا بِرَحْمَتِكَ مِنَ الْقَوْمِ الْكَافِرِينَ

*Our Lord, make us not a trial for the oppressing people. And save us by Your mercy from the unbelieving people.*¹²

رَبِّ إِنِّي أَعُوذُ بِكَ أَنْ أَسْأَلَكَ مَا لَيْسَ لِي بِهِ عِلْمٌ وَإِلَّا تَغْفِرْ لِي وَتَرْحَمْنِي أَكُنُ مِنَ الْخَاسِرِينَ

*My Lord, I seek refuge in You from asking that of which I have no knowledge. And unless You forgive me and have mercy upon me, I will be among the losers.*¹³

أَنْتَ وَلِيٌّ فِي الدُّنْيَا وَالْآخِرَةِ تَوَفَّنِي مُسْلِمًا وَأَلْحِقْنِي بِالصَّالِحِينَ

*You are my protector in this world and the Hereafter. Let me die as a Muslim and join me with the righteous.*¹⁴

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

*There is no god except You. Glory unto You. Truly was I among the wrongdoers.*¹⁵

رَبَّنَا وَتَقَبَّلْ دُعَاءَ. رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ

*Our Lord, and accept my supplication. Our Lord, forgive me and my parents and the believers on the Day the Account is established.*¹⁶

رَبَّنَا آتِنَا مِن لَّدُنكَ رَحْمَةً وَهَيِّئْ لَنَا مِنْ أَمْرِنَا رَشَدًا

*Our Lord, grant us from Yourself mercy and prepare for us from our matter right guidance.*¹⁷

⁹ Sūrah al-A'rāf, 7:23. Du'aa' of Ādam (عليه السلام).

¹⁰ Sūrah al-A'rāf, 7:126.

¹¹ Sūrah al-A'rāf, 7:155.

¹² Sūrah Yūnus, 10:85-86.

¹³ Sūrah Hūd, 11:47. Du'aa' of Prophet Nūḥ (عليه السلام).

¹⁴ Sūrah Yūsuf, 12:101.

¹⁵ Sūrah al-Anbiyaa', 21:87. Du'aa' of Prophet Yūnus (عليه السلام).

¹⁶ Sūrah Ibrāheem, 14:40-41.

¹⁷ Sūrah al-Kahf, 18:10. Du'aa' of Aṣ-ḥāb al-Kahf.

رَبِّ اشْرَحْ لِي صَدْرِي. وَيَسِّرْ لِي أَمْرِي. وَاحْلُلْ عُقْدَةً مِنْ لِسَانِي يَفْقَهُوا قَوْلِي.

*My Lord, relax for me my breast and ease for me my affair and untie the knot from my tongue [so] they will understand my speech.*¹⁸

رَبِّ زِدْنِي عِلْمًا

*My Lord, increase me in knowledge.*¹⁹

رَبِّ أَنْزِلْنِي مُنْزَلًا مُبَارَكًا وَأَنْتَ خَيْرُ الْمُنْزِلِينَ

*My Lord, let me settle at a blessed settlement, and You are the best to accommodate.*²⁰

رَبِّ أَعُوذُ بِكَ مِنْ هَمَزَاتِ الشَّيَاطِينِ . وَأَعُوذُ بِكَ رَبِّ أَنْ يَحْضُرُونِ

*My Lord, I seek refuge in You from the incitements of the devils, and I seek refuge in You, my Lord, lest they be present with me.*²¹

رَبَّنَا آمَنَّا فَاغْفِرْ لَنَا وَارْحَمْنَا وَأَنْتَ خَيْرُ الرَّاحِمِينَ

*Our Lord, we have believed; so forgive us and have mercy upon us. And You are the best of the merciful.*²²

رَبَّنَا هَبْ لَنَا مِنْ أَزْوَاجِنَا وَذُرِّيَّاتِنَا قُرَّةَ أَعْيُنٍ وَاجْعَلْنَا لِلْمُتَّقِينَ إِمَامًا

*Our Lord, grant us from our spouses and offspring comfort for our eyes, and make us leaders of the righteous.*²³

رَبِّ هَبْ لِي حُكْمًا وَالْحَقِّنِي بِالصَّالِحِينَ وَاجْعَلْ لِي لِسَانَ صِدْقٍ فِي الْآخِرِينَ وَاجْعَلْنِي مِنْ وَرَثَةِ جَنَّةِ النَّعِيمِ

*My Lord, grant me authority and join me with the righteous. And grant me a reputation of honor among later generations. And place me among the inheritors of the Garden of Pleasure.*²⁴

رَبِّ أَوْزِعْنِي أَنْ أَشْكُرَ نِعْمَتَكَ الَّتِي أَنْعَمْتَ عَلَيَّ وَعَلَى وَالِدَيَّ وَأَنْ أَعْمَلَ صَالِحًا تَرْضَاهُ وَأَدْخِلْنِي بِرَحْمَتِكَ فِي عِبَادِكَ الصَّالِحِينَ

*My Lord, enable me to be grateful for Your favor which You have bestowed upon me and upon my parents and to do righteousness of which You approve. And admit me by Your mercy into [the ranks of] Your righteous servants.*²⁵

¹⁸ Sūrah Ṭā Hā, 20:25-27. Du'aa' of Prophet Mūsā (عليه السلام).

¹⁹ Sūrah Ṭā Hā, 20:114.

²⁰ Sūrah al-Mu'minūn, 23:29.

²¹ Sūrah al-Mu'minūn, 23:97-98.

²² Sūrah al-Mu'minūn, 23:109.

²³ Sūrah al-Furqān, 25:74.

²⁴ Sūrah ash-Shu'araa', 26:83-85.

²⁵ Sūrah an-Naml, 27:19. Du'aa' of Prophet Sulaymān (عليه السلام).

رَبَّنَا وَسِعْتَ كُلَّ شَيْءٍ رَّحْمَةً وَعِلْمًا فَاغْفِرْ لِلَّذِينَ تَابُوا وَاتَّبَعُوا سَبِيلَكَ وَقِهِمْ عَذَابَ الْجَحِيمِ . رَبَّنَا وَأَدْخِلْهُمْ جَنَّاتٍ عَدْنٍ الَّتِي وَعَدْتَهُمْ وَمَنْ صَلَحَ مِنْ آبَائِهِمْ وَأَزْوَاجِهِمْ وَذُرِّيَّاتِهِمْ إِنَّكَ أَنْتَ الْعَزِيزُ الْحَكِيمُ . وَقِهِمُ السَّيِّئَاتِ وَمَنْ تَقِ السَّيِّئَاتِ يَوْمَئِذٍ فَقَدْ رَحِمْتَهُ وَذَلِكَ هُوَ الْفَوْزُ الْعَظِيمُ

*Our Lord, You have encompassed all things in mercy and knowledge, so forgive those who have repented and followed Your way and protect them from the punishment of Hellfire. Our Lord, and admit them to gardens of perpetual residence which You have promised them and whoever was righteous among their fathers, their spouses and their offspring. Indeed, it is You who is the Exalted in Might, the Wise. And protect them from evil [consequences of their deeds]. And he whom You protect from evil that Day – You will have shown him mercy. And that is the great attainment.*²⁶

رَبِّ أَوْزِعْنِي أَنْ أَكْرَمَ نِعَمَتَكَ الَّتِي أَنْعَمْتَ عَلَيَّ وَعَلَى وَالِدَيَّ وَأَنْ أَعْمَلَ صَالِحًا تَرْضَاهُ وَأَصْلِحْ لِي فِي ذُرِّيَّتِي إِنِّي تُبْتُ إِلَيْكَ وَإِنِّي مِنَ الْمُسْلِمِينَ

*My Lord, grant me power and ability to be grateful for Your favor which You have bestowed upon me and upon my parents, and that I may work righteousness approved by You; and make my offspring righteous. Indeed I have repented to You, and indeed I am of the Muslims.*²⁷

رَبَّنَا اغْفِرْ لَنَا وَلِإِخْوَانِنَا الَّذِينَ سَبَقُونَا بِالْإِيمَانِ وَلَا تَجْعَلْ فِي قُلُوبِنَا غِلًّا لِلَّذِينَ آمَنُوا رَبَّنَا إِنَّكَ رَؤُوفٌ رَحِيمٌ

*Our Lord, forgive us and our brothers who preceded us in faith and put not in our hearts any resentment toward those who have believed. Our Lord, indeed You are Kind and Merciful.*²⁸

رَبَّنَا لَا تَجْعَلْنَا فِتْنَةً لِلَّذِينَ كَفَرُوا وَاعْفِرْ لَنَا رَبَّنَا إِنَّكَ أَنْتَ الْعَزِيزُ الْحَكِيمُ

*Our Lord, do not make us objects of torment for the unbelievers, and forgive us, our Lord. Indeed, it is You who is the Exalted in Might, the Wise.*²⁹

رَبَّنَا أَتِمِّمْ لَنَا نُورَنَا وَاعْفِرْ لَنَا إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

*Our Lord, perfect for us our light and forgive us. Indeed, You are over all things Competent.*³⁰

رَبِّ اغْفِرْ لِي وَلِوَالِدَيَّ وَلِمَنْ دَخَلَ بَيْتِي مُؤْمِنًا وَلِلْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ وَلَا تَزِدِ الظَّالِمِينَ إِلَّا تَبَارًا

*My Lord, forgive me and my parents and whoever enters my house as a believer and the believing men and believing women. And increase not the oppressors except in ruin.*³¹

والحمد لله رب العالمين

²⁶ Sūrah Ghāfir, 40:7-9. Du'aa of the angels for believers.

²⁷ Sūrah al-Aḥqāf, 46:15.

²⁸ Sūrah al-Ḥashr, 59:10.

²⁹ Sūrah al-Mumtaḥinah, 60:5.

³⁰ Sūrah at-Taḥreem, 66:8.

³¹ Sūrah Nūḥ, 71:28. Du'aa' of Prophet Nūḥ (عليه السلام).